



THRIVE ORANGE COUNTY

A Coalition for the Health & Well Being of Our Community

Thrive Orange County is a [upstream data-driven cross sector] coalition of community leaders and citizens committed to creating a safe, stable, nurturing community for all. We focus on increasing community awareness of Adult Childhood Experiences (ACEs), advocating for the adoption of trauma-informed practices, deploying evidence-based and evidence-informed interventions to prevent ACEs and cultivate resilience.

Where We Started

Nancy Radcliff CEO and Ramona Osborne CMPE attended a viewing of the *Resilience Documentary* by James Redford and Karen Pritzker. They subsequently became committed to encouraging a trauma-informed and resilience-building community framework for Orange County.

In early 2018, Dr. Yolanda Yoder, Chief Medical Officer at Southern Indiana Community Health Care (SICHHC), began collecting ACE survey data from expectant mothers. Six months later, data collected from **90 women revealed that 31% had a score of 4+.** A process was created to connect high risk patients to service providers.



Southern Indiana
Community Health Care

In November, SICHHC invited a small group of Orange County stakeholders to explore interest in launching a county wide trauma-informed initiative. At that time, Indiana reported the third highest rate of child maltreatment (CM) nationally with annual expenditures over \$4 billion. Orange County reported the third highest rate in the state.

The grassroots conversation evolved into Thrive Orange County—a steering committee operating under SICHHC, a 501(c)3 established in Orange County in 1975. As a rural health center, SICHHC views Thrive Orange County as an opportunity to move beyond the walls of their clinics to improve community health and well-being.

Adverse Childhood Experiences (ACEs)

We have adapted an upstream data-driven cross sector approach to assemble a coalition committed to creating a safe, stable, nurturing community for all. We focus on increasing community awareness of ACEs, advocating for the adoption of trauma-informed practices, and deploying evidence-based and evidence-informed interventions to prevent ACEs and cultivate resilience.

Groundbreaking research conducted by the Centers for Disease Control and Prevention (CDC) and Kaiser Permanente asked over 17,000 study participants about **10 types of Adverse Childhood Experiences (ACEs) encompassing abuse, neglect, and household dysfunction.**

Researchers correlated the results with



Early Adversity has
Lasting Impacts

participant health and social histories. The study revealed that ACEs are common with 64% of adults reporting at least one ACE, and 12.5% reporting an ACE of 4+. The results linked an ACE score of 4+ to an increased risk for 40+ negative health and behavioral outcomes.

Learn More About
Thrive OC Online



www.sichc.org/thrive



[YouTube](#)



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"If you want to get laser focused on whether or not you have a problem; collect the Adverse Childhood Experiences scores on your 7th through 12th graders. They're the future of your community"

Dominic Capello, Co-Author

Anna, Age Eight | The Data-Driven Prevention of Childhood Trauma And Maltratment

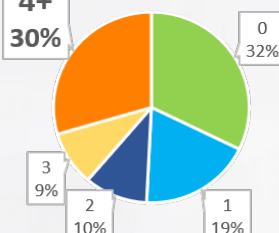
ACEs - Adverse Childhood Experience test

The ACEs test demonstrates the relationship between adverse childhood experiences and adult health and social outcomes. Understanding ourselves as adults often means revisiting our childhoods.

The ACE, or adverse childhood experience, test helps you do that.

Student ACE Survey Questions

Given to Orange County schools, grades 7 – 12

COUNT	%		
356	31%	1 Did a parent or other adult in the household often ... Swear at you, insult you, put you down, or humiliate you? or Act in a way that made you afraid that you might be physically hurt?	<div>OC Student ACE Scores ≥ 4</div> <div>EXCEED RURAL AND URBAN NATIONAL AVERAGES</div> <div>12X higher risk for attempting suicide</div> <div>7X increased risk for alcohol abuse</div> <div>10X greater risk for injecting drugs</div> <div>2X higher risk for smoking</div> <div><div>Orange County, IN Adolescent Reported ACE Scores Grades 7-12</div></div>
198	17.2%	2 Did a parent or other adult in the household often ... Push, grab, slap, or throw something at you? or Ever hit you so hard that you had marks or were injured?	
94	8.2%	3 Did an adult or person at least 5 years older than you ever... Touch or fondle you or have you touch their body in a sexual way? or Try to or actually have oral, anal, or vaginal sex with you?	
299	26.6%	4 Did you often feel that ... No one in your family loved you or thought you were important or special? or Your family didn't look out for each other, feel close to each other, or support each other?	
113	9.8%	5 Did you often feel that ...You didn't have enough to eat, had to wear dirty clothes, and had no one to protect you? Or Your parents were too drunk or high to take care of you or take you to the doctor if you needed it?	
599	52.2%	6 Were your parents ever separated or divorced?	
190	16.6%	7 Was your mother, stepmother, female caregiver: Often pushed, grabbed, slapped, or had something thrown at her? or Sometimes or often kicked, bitten, hit with a fist, or hit with something hard? or Ever repeatedly hit over at least a few minutes or threatened with a gun or knife?	
304	26.5%	8 Did you live with anyone who was a problem drinker/alcoholic or who used street drugs or prescription drugs inappropriately?	
349	30.4%	9 Was a household member depressed or mentally ill or did a household member attempt suicide?	
330	28.7%	10 Did a household member go to jail or prison?	

Potential Outcomes

ACES SCORE OF 0

ACE SCORE OF 4

INCREASED RISK

Likelihood of becoming an alcoholic	2.5%	11%	four-fold increase
Suffering from chronic depression	15% women 10% men	42% women 30% men	tripled
Having a serious problem working	5%	15%	tripled
Having serious financial problems	10%	20%	doubled
Chance of heart disease	3.7	5.6%	doubled
Having a stroke	2.6%	4.1%	doubled



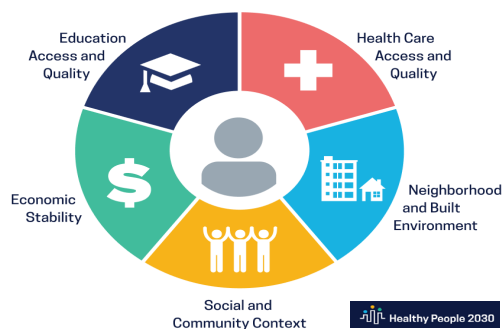
THRIVE ORANGE COUNTY

Building Resilience: Moving from Surviving to Thriving!

Social Determinants of Health

SURVIVING

Mental Health
Medical & Dental
Housing
Food
Transportation



THRIVING

Parent Support
Early Childhood Learning
Family-Centered Schools
Youth Mentors
Job Training/Education/ Employer Engagement

Support, Partnerships, and Community

Thrive Supported Community Grant Funding

Through partnerships associated with Thrive Orange County, community programs have received nearly \$700,000 in program funds.

Social Work Grow Program

Preliminary planning phases to address the lack of mental health & addiction professionals in Orange County.

Goal: To increase interest in & recruit future social work professionals at the high school level.

SICHC Mental Health &

Addiction Provider Expansion

Currently provide a full-time LCSW at Orleans High School.

Goal: Increase provider capacity from one provider in 2019 to a team of seven providers by June 2022: three LCSW, two LSW, two Community Health Workers, one psychiatrist, one DSW by June 2023. Increased partnership with academic institutions to promote student practicum placement within SICHC.

Thrive Orange County Consultations

Provide guidance and support to other communities interested in collaborative to develop trauma-informed initiatives.

YTD: 6 completed consultations/contacts.

Orange County Equitable Housing Initiatives

Thrive Orange County coalition members participate

in the assessment, planning and implementation of strategies that address housing needs within Orange County.

Thrive Orange County Chair

Community Coalition Participation

Thrive Orange County Chair actively participates as a member of the following boards: Youth First, Inc. Program Evaluation Committee, Youth First Inc. Orange County Advisor Council, Beanstock 2022 Planning Committee, Pediatric Domain Group, South Central Indiana Fetal Infant Mortality Review (FIMR), Region 9 Regional Prevention Council-Council Chair, Orange County Client Consultation Board, IU Health's South-Central Region Advancing Childcare Quality and Access (SCR) Committee, and Purdue Extension Executive Board.

Beanstock 2022 Festival

Community music festival promoting mental health awareness and suicide prevention. All proceeds to benefit Team OC, Inc. and Youth First Inc.

Next Steps & Initiatives

Create safe space to allow an increased minority voice within community coalitions, Orange County Black, Indigenous, and People of Color (BIPOC), and LGBTQ Youth Leadership Initiative. Develop and implement Trauma-Informed Workplace Initiative.

Community Partners



BECOME A PARTNER. Contact: **Brandy Terrell MSW, LCSW** | bterrell@sichc.org | C (812) 345-5529



THRIVE ORANGE COUNTY

Interventions & Collaborations



Handle with Care: A collaboration between public schools and law enforcement using a secure app to transmit a “handle with care” message to designated school personnel when an officer believes a student may experience trauma.

Resilience in Schools: The Women’s Giving Circle of Orange County sponsors SO IN Body founder Kara Schmidt, a yoga instructor with a background in trauma-informed movement, to pursue certification through Mindfulschools.org. Kara provides school and web-based classes to help youth self-regulate their stress response systems.

Adolescent ACE Data: Instrumental data collected in the three county schools from 7th through 12th grade students. The data reflects students’ adverse childhood experiences (ACEs). A survey of County youth provided data that opened the eyes of the community. The ACE data fueled community momentum for change. This story and data is shared with the broader world of science through a scholarly publication in the *Journal of Maltreatment, Abuse, and Neglect*.

Community Norms and Barriers: Data was collected to identify existing community norms and measure barriers and stigma associated with seeking care or treatment for a substance use disorder, or a mental health condition. Teen pregnancy was identified as a social norm because of its prevalence. Privacy concerns were reported as greatest barrier to seeking treatment for SUD/MH.

Team OC: Orange County Youth Mentoring: At the recommendation of community stakeholders, Thrive OC formed a Mentoring Advisory Council and obtained funding through Indiana Youth Institute to create an evidence-based mentoring program that will begin matching at-risk 7- to 10-year-olds with mentors trained in trauma-informed care in Fall 2022. Team OC, Inc. activities are customized for Orange County youth and their families utilizing student local ACE survey data.

Healthy Relationships and Social Media: In collaboration with Indiana University, Thrive OC convened a community stakeholder meeting including representatives from three community school corporations, the faith-based community, SICHHC physicians, and Thrive OC members in offering sexual assault prevention programs in Orange County.

Miss Kendra Program: Norms change curriculum with a parent/caregiver engagement component launched

Fall 2020 in grades K-5 at Springs Valley Elementary School. Springs Valley United Methodist Parish, HealthLinc, and The Tony Bennett Foundation provided funding. The school was selected based on student ACE survey data revealing that one out of three middle and high school students at Springs Valley Schools has an ACE score of 4+. (1-year Pilot Program).

Project UNITE: Project UNITE received IU CRE funding to expand into Orange County. The county reports the 2nd highest rate of teen pregnancy in the state. Children born to teen moms are at increased risk for CM. Project UNITE will create evidence-based interventions to reduce the high rate of teen pregnancy using community input from parents, the faith-based community, and schools.

Early Childhood Advisory Council (ECAC): Improving access to quality early childhood learning is an evidence-based intervention to reduce the incidence of ACEs, and led to Thrive OC’s launch of the ECAC. By securing an FSSA IN *On My Way Pre K* capacity building grant, Orleans & Throop Schools expanded preschools. In collaboration with Orange County Economic Development Partners, the ECAC’s attention is shifting to improving access to affordable high-quality childcare. Current capacity increased by 65 seats, with continued growth opportunities on deck.

Trauma-Informed Care (TIC) Certificate Program: At the invitation of Indiana University Center for Rural Engagement researcher Dr. John Keesler, Thrive OC representatives contributed to TIC certification program content. The web-based program, launched in March 2021, is accessible online and free of charge. Thrive OC’s goal is for every adult in the county to complete the baseline training module. <https://rural.indiana.edu/impact/health/trauma-informed-care-certificate.html>

School-Based Health Center (SBHC) Pilot Project: SICHHC and Paoli Community Schools launched a SBHC pilot project to improve student access to primary care and behavioral health services. Orleans and Spring Valley Community Schools will launch the SBHC model in fall 2022.

Beyond the Bottom Line: Today’s Children Tomorrow’s Thriving County: A one-day ACEs and Resilience conference with a focus on workforce development and adult worker performance. Event sponsors include the Orange County Community Foundation, Orange County Economic Development Partners, WorkOne, and SICHHC.